



22 million absences occur because of the common cold alone!

Reverse this trend by changing students' attitude toward hand hygiene today.

Handwashing For Schools:

CDC approved handwashing steps:

1. Hold hands under water
2. Lather with soap
3. Rub hands vigorously
4. Rinse hands fingers down
5. Dry completely
6. Turn off water with towel.

It may seem pretty simple, but this six-step procedure is vital to your students' health.

According to the CDC:

- When elementary school students keep their hands clean the number of days absent per year per student is 2.42
- Students who wash their hands at least four times a day have 24 percent fewer absences from respiratory illnesses like the cold and flu and 51 percent fewer absences from the stomach flu.